

Past

Getting **Past** My **Painful** **Past**

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Philippians 3:12-17

Philippians 3:12-13a

Not that I have already obtained all this, or have already arrived at my goal, but I **press on** to take hold of that for which Christ Jesus took hold of me.

¹³ Brothers and sisters, I do not consider myself yet to have taken hold of it. **But one thing I do**

**1. Forget what's behind,
and press on **in** Jesus.**

Philippians 3:13b-14

Philippians 3:13b-14

Forgetting what is behind and
straining toward what is **ahead,**

¹⁴ I **press on** toward the **goal** to win
the prize for which God has called me
heavenward **in Christ Jesus.**

2. **See things** from Jesus' perspective.

Philippians 3:15-16

Philippians 3:15-16

All of us, then, who are mature should take such a **view of things**. And if on some point you **think differently**, that too God will make **clear** to you.

¹⁶ Only let us **live up** to what we have already attained.

Isaiah 55:8-9

“For my **thoughts** are not your **thoughts**, neither are your **ways** my **ways**,” the LORD. ⁹ “As the heavens are higher than the earth, so are my **ways** higher than your **ways** and my **thoughts** than your **thoughts**.”

1 Corinthians 2:9

However, as it is written: “What no eye has seen, what no ear has heard, and what **no human mind has conceived**”—the things God has **prepared** for those who love him—

3. Choose new **examples**
to look **up to** who **follow**
God's Word.

Philippians 3:17a

Philippians 3:17a

Join together in **following my example**, brothers and sisters,

4. Choose **new people**
to **fellowship with**
who follow God's Word.

Philippians 3:17b

Philippians 3:17

Join together in following my example, brothers and sisters, **and** just as you have us as a **model**, keep your **eyes on those who live as we do.**

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I'm Trading My Past Pain

For My Past = Jesus