

contagious

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Part 13

Contagious Healing for Our Inner Being

Exodus 3:1

One day Moses was tending the flock of his father-in-law, Jethro, the priest of Midian. He led the flock far into the wilderness and came to Sinai, the mountain of God.

Exodus 3:2

There the angel of the Lord appeared to him in a blazing fire from the middle of a bush. Moses stared in amazement. Though the bush was engulfed in flames, it didn't burn up.

Exodus 3:3

“This is amazing,” Moses said to himself. “Why isn’t that bush burning up? I must go see it.”

Exodus 3:4

When the Lord saw Moses coming to take a closer look, God called to him from the middle of the bush,
“Moses! Moses!”

“Here I am!” Moses replied.

Exodus 3:5

“Do not come any closer,” the Lord warned. “Take off your sandals, for you are standing on holy ground.”

Exodus 3:6

I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” When Moses heard this, he covered his face because he was afraid to look at God.

Exodus 3:7

Then the Lord told him, “I have certainly seen the oppression of my people in Egypt. I have heard their cries of distress because of their harsh slave drivers. Yes, I am aware of their suffering.

Exodus 3:8a

So I have come down to rescue them from the power of the Egyptians and lead them out of Egypt into their own fertile and spacious land.

Exodus 3:8b

It is a land flowing with milk and honey—the land where the Canaanites, Hittites, Amorites, Perizzites, Hivites, and Jebusites now live.

Exodus 3:9

Look! The cry of the people of Israel has reached me, and I have seen how harshly the Egyptians abuse them.

Exodus 3:10

Now go, for I am sending you to Pharaoh. You must lead my people Israel out of Egypt.”

Exodus 3:11

But Moses protested to God, “Who am I to appear before Pharaoh? Who am I to lead the people of Israel out of Egypt?”

Contagious Healing for Our Inner Being

Our Inner Being

eso anthropon (inner being) vs.
kardia (heart)

- 2 Corinthians 4:16
- Ephesians 3:16
- Romans 7:22

2 Corinthians 4:16 - ESV

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day.

Ephesians 3:14 - ESV

**For this reason I bow my knees
before the Father,**

Ephesians 3:15 - ESV

**from whom every family in heaven
and on earth is named,**

Ephesians 3:16 - ESV

that according to the riches of his
glory he may grant you to be
strengthened with power through
his Spirit in your *inner being*,

Romans 7:22 - ESV

For I delight in the law of God, in my
inner being,

Romans 7:23 - ESV

but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members.

Inner Healing *Definition*

God's process of freeing our inner being (heart, mind, soul, will, emotions, desires) from the poisonous roots, wounds, and baggage, that keep them imprisoned.

Contagious Healing for Our Inner Being

Principle #1

God's healing for your inner being requires divine encounters with God, in the times and places of His choosing, wherein we experience His voice and His calling.

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I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” When Moses heard this, he covered his face because he was afraid to look at God.

Principle #1

God's healing for your inner being requires divine encounters with God, in the times and places of His choosing, wherein we experience His voice and His calling.

Principle #2

God's healing for your inner being is necessary because we all have poisonous roots, wounds, and baggage, that continue to negatively impact our thoughts, behaviors, and relationships.

Moses' Past:

- His people were slaves for hundreds of years.
- He was born during a time of infanticide.
- He did not grow up with his family of origin.

Moses' Past:

- He was raised by his people's oppressors.
- He grew up watching the Egyptians mistreat his people.
- In an effort to save one of his people, he killed a man.

Moses' Past:

- His own people rejected him and his attempt to help them.
- He went from being a prince of Egypt to a fugitive of Egypt.
- He became a lowly under shepherd to his father-in-law.

Moses' Past:

- Like most of us, Moses probably spent way too much time dwelling on his mistakes and his past. For Moses, it would have been 40 years of regret and self-inflicted torture.

Principle #2

God's healing for your inner being is necessary because we all have poisonous roots, wounds, and baggage, that continue to negatively impact our thoughts, behaviors, and relationships.

Principle #3

God's healing for your inner being requires eradicating the lies you have come to believe about God, about yourself, and about others, and replacing them with God's truths.

Exodus 3:11 - Himself

But Moses protested to God, “Who am I to appear before Pharaoh? Who am I to lead the people of Israel out of Egypt?”

Exodus 3:13 - God

But Moses protested, “If I go to the people of Israel and tell them, ‘The God of your ancestors has sent me to you,’ they will ask me, ‘What is his name?’ Then what should I tell them?”

Exodus 4:1 - Others

But Moses protested again, “What if they won’t believe me or listen to me? What if they say, ‘The Lord never appeared to you?’”

Exodus 4:10 – Himself

But Moses pleaded with the Lord,

“O Lord, I’m not very good with words. I never have been, and I’m not now, even though you have spoken to me. I get tongue-tied, and my words get tangled.”

Exodus 4:13 – Himself

**But Moses again pleaded, “Lord,
please! Send anyone else.”**

Principle #3

God's healing for your inner being requires eradicating the lies you have come to believe about God, about yourself, and about others, and replacing them with God's truths.

God's Truths

- **God told Abraham that the Israelites would be enslaved for 400 years but that He would rescue them, (Gen 15:13) and that He would punish the nation that enslaved them. (14)**

God's Truths

- **God told Abraham that in the end the Israelites would come away with great wealth. (14b)**
- **God told Abraham that his descendants would return to the promised land. (16)**

God's Truths

- **God made a one-sided covenant with Abraham guaranteeing all of His promises, that was wholly dependent on God keeping His promise, and not on Abraham or his descendants. (17-21)**

God's Truths

- **The Israelites prospered despite their enslavement (Exodus 1:12, 20).**
- **Despite the Pharaoh's edict to kill all Hebrew male infants, Moses is alive (Exodus 2).**

God's "I" Statements

- **3v.7 "I have seen," "I have heard," and "I am aware of their sufferings."**
- **3v.8 "I will rescue them" and "I will lead them to the promised land."**

God's "I" Statements

- **3v.9 "I have seen how harshly the Egyptians abuse them."**
- **3v.10 "I am sending you."**
- **3v.12 "I will be with you," "I am the one who has sent you."**

God's "I" Statements

- **3v.14 “tell them I AM has sent me to you.”**
- **3v.15 “Yahweh, the God of your ancestors—the God of Abraham, the God of Isaac, and the God of Jacob—has sent you to them.”**

God's "I" Statements

- **3v.16 “I have been watching closely, I see how the Egyptians are treating my people.”**
- **3v.17 “I have promised to rescue you”, “I will lead you to a land flowing with milk and honey.”**

God's "I" Statements

- **3v.19 “I know that the king of Egypt will not let you go unless a mighty hand forces him.”**
- **3v.20 “I will raise my hand and strike the Egyptians, performing all kinds of miracles among them.”**

God's "I" Statements

- 4v.12 "I will be with you as you speak, and I will instruct you in what to say."
- 4v.20 "I will raise my hand and strike the Egyptians, performing all kinds of miracles among them."

God's "I" Statements

- **4v.12 “I will be with you as you speak, and I will instruct you in what to say.”**
- **4v.20 “I will raise my hand and strike the Egyptians, performing all kinds of miracles among them.”**

The One and Only

- **Moses may have been the only Israelite of his generation that was able to read and write.**
- **He's the only Israelite that was formally educated in the law and in governing a nation.**

Principle #3

God's healing for your inner being requires eradicating the lies you have come to believe about God, about yourself, and about others, and replacing them with God's truths.

Principle #4

God's healing for your inner being will free you from the power of your past so that it no longer controls you or enslaves you.

When you receive God's healing for your inner being, the events of your life that you thought were a total waste, forever lost, unspeakable, unforgivable, and unhealable go from being a toxic wasteland to becoming very fertile soil for God's honor, glory, and praise.

Principle #4

God's healing for your inner being will free you from the power of your past so that it no longer controls you or enslaves you.

Principle #5

God's healing for your inner being is what you must continuously experience if you want to be spiritually transformed to be more and more like Christ.

Principle #6

God's healing for your inner being will free you to understand that the ways you have been broken are all expressions of your uniqueness, your anointing, and your blessedness in God's kingdom.

Principle #7

God's healing for your inner being is not meant to be a one-time event but a continuous and cyclical eternal gift from the Father for you, for His Kingdom, and for others.

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